



The Heart of HOSA

Core Skills students to start clinical

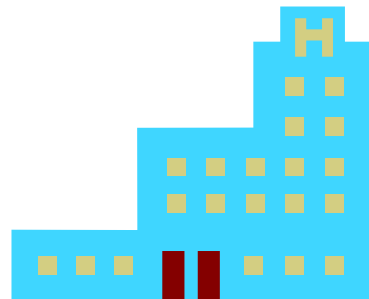
Mrs. Martin's Core Skills students started clinical at St. Mary's Good Samaritan Hospital on February 17. They will be job shadowing in various departments, including obstetrics, surgery, therapy, pharmacy, intensive care and medical-surgical nursing. They will also be going to some off site places such as the funeral home later on in the spring. Elana Jones said, "Job shadowing is really exciting". Mrs. Martin said that the students were getting some really good experiences. They will be going on Mondays, Tuesdays and Wednesdays to the hospital. On Thursday, they will do a roundtable discussion of what they saw and learned, and Friday, they will review medical terms and talk more about pro-

fessional development.

The nurse aide students have completed their nursing home rotation and start at the hospital on February 23. Sarah Wells said, "I really enjoyed the nursing home, but I am ready for the hospital experience".

The Clinical component of the health occupations program is critical to decide whether health care is right for the student, but it is also a very enjoyable part of the program as well.

NEXT HOSA MEETING: THURSDAY, March 5, room 227 F at lunch. Please sign up with Mrs. Ing or Mrs. Martin if you plan on buying pizza.



State conference March 18-20 in Decatur

The HOSA state competition team is preparing to attend competition. We have 11 girls going: Charlie Clark, Aquoya Cantley, Kymber Tucker, Haylee Whitlock, Stephanie Clark, LaKesha Nance, Leah Sherman, Morgan Bozarth, Katie Hicks, Miranda Smith and Liz Clifton. We will be represented in several events, including: knowledge tests (medical terms and medical math), CPR and first aid,

nurse assisting, EMT, Extemporaneous Poster and Writing, Parliamentary Procedure, Forensic Medicine and Scrapbook. We will be leaving on Wednesday, March 18 and returning Friday afternoon, March 20. In addition to competitions, there are educational seminars and a banquet/dance. We are excited to be taking a team, and hope to bring home some awards.



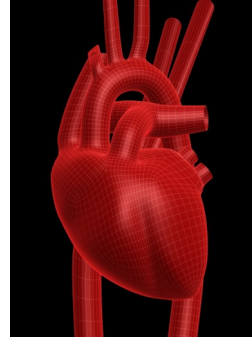
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The Heart of HOSA

Health Expo

Our health expo is scheduled for February 26 in 119 H. We will be open during lunch and ELD. We need volunteers to work at the various booths, make cookies and take blood pressures. Please see Mrs. Ing if you are interested in working. Service points will be available. Heart Disease is the number one killer of adults. February is National Heart Awareness month. Please participate to get information out to our faculty and staff. We may help save a life!



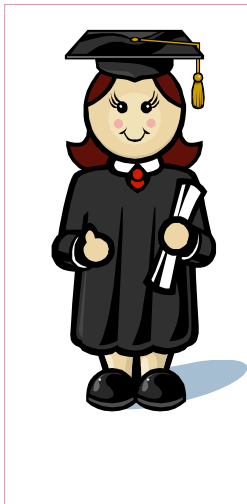
Scholarship Information

Several scholarships are still available. We have information on the Southern Illinois Health-care internship and scholarship program and tech prep scholarships through Rend Lake College.

In addition, applications are available in the guidance office for the Crossroads Auxiliary scholarship, Good Samaritan

Auxiliary scholarship, BPW Dora Brydon Scholarship for the medical field, Livingston Pharmacy scholarship, Dr. G.L. Taylor scholarship for the medical field, in addition to several general scholarships. We also have information on the BRAND NEW St. Mary's Good Samaritan summer internship program. See Mrs. Ing

or Mrs. Martin for more information. There are also volunteer opportunities at Good Samaritan and with Hospice.



Fundraisers

Our first annual crush soda fundraiser netted us around \$60.00 of profit. Thanks to all who helped sell, tag and deliver the sodas. This year was a learning experience, and hopefully next year we will be even more successful!

We will start taking orders for the CPR pocket masks soon. For \$7, you get a disposable CPR

barrier to give breaths with, a pair of gloves, and alcohol prep pads. We make \$2 off of each one sold.



Skills USA Competition Coming Up

On Saturday, February 28, several of our students will be travelling to Granite City for the regional written competition for SKILLSUSA. Courtney Dixon, Sarah Wells, and Stefanie Smith will be competing in nurse assisting, Morgan Bozarth, Leah Sherman, Charlie Clark, Samantha Hayes and Lafayette Reed will be competing in CPR/First aide. State competition is in April. Good Luck team!



Special Mentions:

Congratulations to all the 2nd quarter honor roll students.

Miranda Smith, stage crew captain, "Fiddler on the Roof"

Woodlawn High School Girls Basketball team on their outstanding season.

Ashley Dunn, Emily Tackitt and Janna Dabney and for being on the MV cheerleading squad that won back to back state titles in the ICCA competition recently. Erica Zinke and Samantha Smith were on the 4th place junior varsity team.

Next month....

A interview with our vice president, Aquoya Cantley

President Clark

Charolette "Charlie" Clark serves as our president this year. She has been involved in HOSA for 2 years, and is also involved in STRIVE this year. Her plans for the future include attending Rend Lake College and getting her RN degree, then moving on to SIU-C to obtain a degree in mortuary science. She discovered this field during

HOSA week last year when we had a guest speaker from Hughey Funeral Home. Her visit to the funeral home during her job shadowing rotation sealed the deal!

Charlie has 2 dogs, and enjoys staying home and spending time with her boyfriend Brice. She appreciates the support her mom and Brice give her in her

endeavors. She keeps busy with school, HOSA and her job at PoBoys restaurant. Also a talented artist, Charlie designed this year's HOSA t shirts.

Good luck in all your endeavors, and thank you for your service to HOSA this year!



Alumni



Several of our HOSA alumni are working at Countryside Manor as nurse aides or LPNs. One of these is Scott Linville, who completed the HOSA program in 2007 under Misty Reich and Tammy Devor. He has also worked at White Oak Healthcare here in MV. He spoke fondly of his time in HOSA, and enjoyed learning and working with the elderly. During his first year in job shadowing, he especially enjoyed radiology. He is attending classes at Rend Lake and hopes to further his career in the health care field. Good luck in your endeavors!

"we can do no great things,
only small things with
great love."

-Mother Teresa



Health Ex students

We have a new group of health exploration students that started in January. We have 2 classes with a total of 22 students. They helped deliver the crush soda cans last week for HOSA. They are looking forward to guest speakers and a couple of field-trips, as well as learning CPR and First Aide later in the semester. Welcome, and we hope you will become involved in HOSA!

