



# The Heart of HOSA

## Mt. Vernon Represented at HOSA State Conference

On Wednesday, March 18 at noon, 6 students and 2 adults travelled to the Decatur Conference Center for the 31st Annual Illinois HOSA State Leadership Conference. This year's theme was "Heroes". Participants enjoyed a formal dinner and party Thursday night, culminating a day and a half of competitions. The following students participated:

**Charlie Clark**- voting delegate and forensic medicine

**Haylee Whitlock**- voting delegate, forensic medicine, and medical terminology

**Katie Hicks**- Extemp. Writing, flag bearer and medical math

**Morgan Bozarth**- EMT and

medical terminology

**Leah Sherman**- EMT and medical terminology

**Liz Clifton**- Extemp. Poster and state pin design contest

In addition, we had students compete on line that didn't attend:

**Kymer Tucker**, Medical Terminology

**Miranda Smith**- Medical Math

We also presented a chapter scrapbook.

Although we did not win any awards, we gained valuable experience, since three of our competitors will be returning next year.

So congratulations to our state competition team! WE ARE PROUD OF YOU!!!!

**NEXT HOSA MEETING: THURSDAY, April 16, room 227 F at lunch.**



## Health Students to go Skills USA State

Congratulations to Morgan Bozarth and Leah Sherman, who placed 4th and 6th place respectively at the SkillsUSA regional competition in Granite City on February 28. They will be representing MVTHS at the State SKILLSUSA championships at the end of April. Mrs. Martin will also be attending as a chaperone. We also had 3 competi-

tors in Nurse Assisting, Stefanie Smith, Courtney Dixon and Sarah Wells, who just missed qualifying for state. This is the first time that we have sent any MVTHS students to SKILLS USA competitions. Congratulations and good luck to our state competitors!

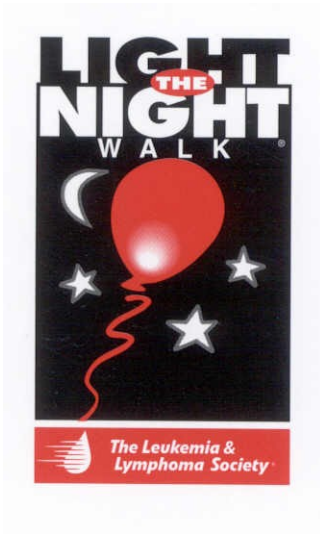


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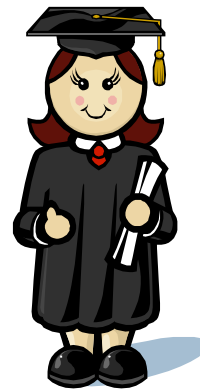
## Leukemia Fundraiser a Success

HOSA sponsored its Pennies For Patients fundraiser for the Leukemia and Lymphoma Society this winter. We raised a total of \$310.26. We are very pleased with the results. Thank you to all the teachers who allowed us to put boxes in their rooms/offices. We hope to meet or surpass that amount next year.



## Scholarship Information

Most scholarship application deadlines have passed for this year, but you still have until May 1st to apply for the Southern Illinois Healthcare internship program. If interested, see Mrs. Ing.



## Autism fundraiser

Unfortunately, the spring fling outdoor extravaganza was rained out for the second straight year. However, we still need to do a fundraiser for the national service project, Autism Speaks, which we will be discussing at our meeting.



## Pinning and Awards Program Set for May 18

Our second annual CNA graduation and HOSA Awards program will be held Monday, May 18 at 7:00 pm in the school auditorium. We will recognize our officers, service pin/certificate recipients, and our CNA graduates. A cake and punch reception will follow in the student lounge.

We will be putting out a list of award recipients soon. Congratulations and best wishes to our class of 2009!



## Special Mentions:

Congratulations to all the 3rd quarter honor roll students.

Miranda Smith, Kashira Hawkins and Morgan Bazarth performed at Disney over spring break with our school band!



Next month....

2009-2010 officers

## Vice President Cantley

Aquoya Cantley serves as our vice president this year. This is her first year involved in HOSA. She enjoys singing, playing the piano, drawing and hanging out with her friends and family. Her plans for the future include attending college to get her RN degree and being a pediatrics nurse. Good luck in all your

endeavors, and thank you for your service to HOSA this year!



# Alumni



Several of our HOSA alumni are working at Countryside Manor as nurse aides or LPNs. One of these is Jessica Warren, who completed the HOSA program in 2008 under Laura Ing and Cari Simpson. She has been working at Countryside since May of 2008. Her favorite part of HOSA was the parties. While she was job shadowing, her favorite area was 3 surgical, following the nurses. She plans to start the LPN program in August and wants to be a flight nurse. Congratulations and good luck in your endeavors!

"If you find a dream within your heart, don't ever let it go, for Dreams can be the tiny seeds from which tomorrows grow."



## CNA students visit Lavender Ridge

Our Health Care aide classes took a fieldtrip to Lavender Ridge, Mt. Vernon's brand new Alzheimer's assisted care facility on March 23. The state of the art facility just opened 2 weeks prior on March 9. Keesha Wood, administrator, gave us a tour and discussed the challenges of Alzheimer's with the students. All agreed that the facility was very nice and enjoyed the trip. The fieldtrip kicked off the Alzheimer's care unit, with various activities and videos through the week and culminating in making a craft activity for Alzheimer's

clients. Making the craft was easy for most, but explaining how to do it step by step in a way the Alzheimer's client would understand was much more challenging! The students enjoyed making the crafts and taking a break from lecture and tests.

They will complete their program on Friday, May 8. Those who meet their requirements will be testing on Friday, June 19 at Rend Lake College.

